

The New Link

St George Association

For People with Physical Disabilities Incorporated

"Capabilities Conquer Disabilities"

Vol. 30 No.6

April 2005

Future Programmes

Apr 2	Sat	10.30 am	Book Club	Belgreen
Apr 13	Wed	10.30 am	Wednesday Group	Belgreen
Apr 19	Tues	7.30 pm	Management Committee	Belgreen
Apr 23	Sat	10.00 am	Embroidery Group	Belgreen
followed by Afternoon Tea for members/ friends to join in and celebrate St. Georges Day!				
Apr 26	Tues	7.30 pm	Mr. Cesare Stefanato	Belgreen
May 7	Sat	10.30 am	Book Club	Belgreen
May 11	Wed	10.30 am	Wednesday Group	Belgreen
May 14	Sat		To be decided!	
May 17	Tues	7.30 pm	Management Committee	Belgreen
May 24	Tues	7.30 pm	The River Keeper	Belgreen
May 28	Sat	10.00 am	Embroidery Group	Belgreen
Jun 18	Sat	2.00 pm	Annual General Meeting	Belgreen

**One of the important events of the year
Notice is hereby given of the ANNUAL GENERAL MEETING
Belgreen, 40-42 Chalmers Street, Belmore**

We do encourage you to attend. Please make a note in your diary - we look forward to your participation. The Management Committee seeks your support - it is an opportunity for you to elect your new committee and raise any matters you wish to discuss.

If you have any item you would like to include on the Agenda please advise me (Patricia Byrne) by the 25th May 2005.

MEMBERSHIP FEES DUE 1st April – fully employed \$11.00 not employed \$5.50
SEND to Jenny Chin (Treasurer)

We do value your membership so we ask that you forward your fees to Jenny – the strength of the Association lies in its membership. If you are in doubt as to whether you are financial, just give Jenny a call to clarify.

Just a Short Follow Up About - PAdP

The Physical Disability Council of NSW (PDCN) is continuing to pursue the issue of the PADP (Programme of Appliances for Disabled People).

The Minister for Health has initiated an Enquiry to be held into PADP and the Terms of Reference are due to be published very soon.

As mentioned in last month's New Link, if you have any information you would like to relate about PADP please give Sharon Smith a call at the Physical Disability Council of NSW – telephone 9552 1606. Contact with your Local Member would also be well worthwhile.

Future Programmes

**10.30 am Saturday, April 2
and**

10.30 am Saturday, May 7

Book Club

40-42 Chalmers St., Belmore

Well the time has come for the first meeting of the Book Club – a new program for members' enjoyment. Maura Outterside (Convener) will be there to welcome you.

"Price & Prejudice" has been suggested for the first discussion. We look forward to the development of this group. Bring your lunch – tea/coffee is available at Belgreen. Please call Maura for any further information - telephone 9718 5803.

**10.30 am Wednesday, April 13
and**

10.30 am Wednesday, May 11

Wednesday Group

Belgreen 40-42 Chalmers St., Belmore

Those who regularly attend this group really enjoy their time together. If you know anyone else who may be interested, invite them to come along.

Bring your lunch and enjoy a cup of tea/coffee with friends. Give Daphne Berger a call on **9718 3678** if you need any other information.

**7.30 pm Tuesday, April 19 and
7.30 pm Tuesday, May 17**

Management Committee

40 - 42 Chalmers St., Belmore

10.00 am Saturday, April 23

Embroidery Group

40 - 42 Chalmers St., Belmore

The usual embroidery day will be held, but to add a little extra to the day it has been decided to celebrate **St. Georges Day** by having an afternoon tea at the conclusion of our embroidery. Everyone is well to come along and share afternoon tea. **Dress for the occasion in something red/white** to create a theme for the afternoon.

If members wish to stay and have a meal early evening, we can dial in some food.

7.30 pm Tuesday, April 26

40 - 42 Chalmers St., Belmore

Mr. Cesare Stefanato (World War II hero) has agreed to come and speak to us about his war experience when he served in the Italian Army. He has written a book on the subject and apparently was highly decorated for his service.

Do come along and perhaps you may be able to bring a friend to add to the numbers.

Saturday, May 14 A date for your diary. We plan to have an outing - venue to be decided.

7.30 pm Tuesday, May 24

40 - 42 Chalmers St., Belmore

We have an interesting speaker attending on this night – "The River Keeper" Simon Annabel.

Simon looks after all the rivers that run into Botany Bay, so we all have some knowledge of the areas in which he works.

Should be a good night – tell your friends and join with us.

Dates to keep in your diary

Lions Club Changeover Dinner

June 25 7.00 pm Roslyn Gardens, Peakhurst.

Oatley Festival Saturday October 15

8.30 am – 3.30 pm Frederick Street, Oatley.

Program Report

The **jigsaw puzzle** is being "slowly" worked on – don't forget when you visit Belgreen to add a few pieces. Let's see how long it takes us.

March 12 The Avenue Café - turned out to be a lovely day – 10 of us enjoyed lunch. The staff were very welcoming. Morrie/Bert Foster even came from Winmalee, which was great.

March 22 – guest speaker Errol Grace from Concord Heritage Society came along and presented a most interesting talk about the Walker family and the famous property of Yaralla at Concord. An incredible history and what a wonderful treasure has been given to the nation.

Fund Raising

Janet Malone has recently donated a beautiful piece of embroidery she has worked and had framed. It was felt this would make a lovely prize for a raffle – the embroidery is four ornamental trees depicting the four seasons. We have a hand knitted knee rug donated by Nancy Mapledoran (a friend of Betty Alwin's) for second prize and third prize is a Tiffany sandwich maker.

We would like to seek your support in this raffle and have enclosed 5 tickets @ \$1.00 each. If you are able to assist in selling the tickets it would be greatly appreciated.

The raffle will be drawn at the Annual General Meeting June 18 – so we do ask that you return the tickets to Jenny Chin, 2 Salerwong Place, Ryde 2112 **by June 8.**

A stall is being held at the Uniting Church Kiora Rd, Miranda 30/4/05 8.00am – 2pm proceeds to the Association.

Scooter Safe

I have received a leaflet from Canterbury City Council providing the following detail.

“Do you use a motorised wheelchair or scooter?

Do you want to know more about your rights and responsibilities?

Are you concerned about safety on the road and elsewhere?

Then come to Canterbury City Council's **FREE Scooter Safe workshops**. The workshops will take place over two days and also include a FREE safety inspection of scooters.

Session 1 – Theory

- Rights & Responsibilities
- Australian Road Rules
- Maintenance

Tuesday **5 April** 10.30am – 12 noon
2nd floor – Function Room Council Administration Building 137 Beamish Street, Campsie.

Session 2 – Practical

- Learn practical skills
- Speed testing
- Safety inspection

Thursday **7 April** 10.30am – 12 noon
Car park, northern side off Edge Street.

Refreshments will be provided.

To register your attendance or for further information please call the Community Worker Disability Services, Roy Gaskin on 9789 9432 by 1 April 2005.

Personal Pats

Congratulations to Janet Malone – she has a new grandchild, Harrison Charles Saint, born March 7, a bouncing 9 lb 15 oz. Happy to say everyone is well and we send our best wishes to Janet and all the family.

Some peoples' brush with Royalty!! I recently saw a photograph of Janet Meagher in the company of Crown Princess Mary of Denmark. What a thrill. We will have to hear more?

Some of our members are on the move. Ann-Mason Furmage is moving into her new abode on April 1 – she is very thrilled about the prospect and we wish her all the best.

Alan & Alix Rainnie are taking up residence on the South Coast at Gerringong – their move is planned for April 14. We will certainly miss seeing them at our meetings as they have been part of the Association for so many years. However, we look forward to the times when they can join with us. We send our very best wishes and hope they will be very happy in their new villa.

On behalf of the Association I would like to take the opportunity of thanking Alix for all her efforts - serving on the Management Committee for many years, and also representing the Association on Hurstville City Council Access Committee, St. George Interagency and St. George PADP Committee.

Unfortunately, we have had two of our members spending some time in hospital since the last newsletter.

Betty Alwin, who was out of action for a few weeks, but is now home and going well.

Lorna Berger, who is in hospital as I write, but hopefully will be home for Easter.

We send our thoughts to you both and wish you well.

Peter Meagher's eagle eye caught the news in The Leader newspaper about our long time supporter, Lurline Simpson. She apparently has just received a Seniors Week award for her work with the Hurstville City Access Committee, Friends of St. George Regional Museum and the Women's Health Unit of the South East Sydney Health Service. She is also an Indonesian language tutor with Georges River Community Services. Well done, Lurline - congratulations!

Independent Living magazine

The latest edition of the above magazine features such articles as "What A Relief Continence Solutions" – "Comfort Zone Pressure Relieving Cushions" with a quick reference chart detailing various cushions. There are also a range of products of interest, some –

- Easywear adaptive clothing for men and women.
- Gryptonite Super Gripper multi tasking tool. Being heat resistant it is useful as a potholder for gripping hot utensils, unscrewing hot light bulbs, removing radiator caps.
- Lockwood Nexion keyless remote entry, a residential locking system – allows keyless entry via a small hand held Q-Key remote.
- Protex – puncture sealant system for pneumatic tyres. Suitable for use in a wide range of vehicles including wheelchairs and scooters.

Plus numerous other items – if you are interested in knowing more, just give me a call – Patricia Byrne 9150 5512.

For Sale Wymo hoist to stow wheelchair on top of your car. Very good condition.

Price negotiable – please contact Patricia Byrne telephone 9150 5512.

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