

The New Link

St George Association

For People with Physical Disabilities Incorporated

"Capabilities Conquer Disabilities"

Vol. 93 No.71

November/December 2011

Future Programmes

Nov	5	Sat	10.30 am	Book Club	Belgreen
Nov	5	Sat	2.00 pm	Wendy Cornish	Belgreen
Nov	9	Wed	10.30 am	Wednesday Group	Belgreen
Nov	12	Sat	11.00 am	Trash N Treasure	Belgreen
Nov	15	Tues	7.00 pm	Management Committee	Belgreen
Nov	26	Sat	10.30 am	Embroidery/Handcraft Group	Belgreen
Dec	4	Sun	12 noon	Christmas luncheon	Kogarah
Jan	21	Sat	1.30 pm	Management Committee	Belgreen
Jan	21	Sat	from 4.30 pm	Barbecue	Belgreen
Jan	28	Sat	10.30 am	Embroidery	Belgreen

Please note: This will be the last newsletter for the year (next edition late January) – please keep this issue as a reminder for meeting dates early in the new year.

*On behalf of the
Management Committee
I would like to wish you,
your family and friends
a very*

Happy Christmas and New Year

Gifts for Children

Thinking of Christmas, the Management Committee would like to continue the Association's tradition of donating, to the Salvation Army, Christmas gifts for children. Gifts can be taken to Belgreen during November, or

brought along to the Christmas luncheon.

If you are able to contribute please mark on the parcel whether the gift is suitable for a girl or boy and the age group, it helps in the distribution. We look forward to receiving your support in this project, as the gifts are greatly appreciated.

A reminder

about the Management Committee's notice included in last month's newsletter asking you to take part in our membership drive - and the opportunity to extend an invitation to a family member or friend to accompany you to our Christmas luncheon on 4th December, meet other members and become more aware of the benefits our Association has to offer.

You can help the Association grow by spreading the word - if you would like a membership form to pass on to any prospective member please let us know and it can be sent to you.

News from Sutherland Shire Home & Community Care

THE NSW DISABILITY NETWORK FORUM LAUNCH

NSW Minister for Disability Services Andrew Constance has officially launched a new forum to help shape government policy and guide improvements in the delivery of disability services.

The NSW Disability Network Forum, coordinated by the Council of Social Service of NSW (NCOSS), will be a strong coordinated voice for people with a disability.

http://www.ncoss.org.au/mail/HACC/110923_Andrew-Constance-media-release-Disability-Network-Forum.pdf

Information received from NICAN in relation to the International Day of People with a Disability.

“As part of the International Day celebrations we are also on the lookout for people with a disability who wish to provide stories to be considered for Breaking Down the Barriers. Breaking Down the Barriers is dedicated to sharing the stories of people with a disability who are committed to overcoming obstacles. These profiles are open to everyone so please contact us if you know anyone who has overcome challenges relating to their disability within their lives or broken down barriers in their community. No matter how small a contribution may seem, every story is important for communities as a whole.

In addition, regional people with disability are invited to share stories through a project offered through ABC Open and supported by NICAN for IDPwD. ABC Open invites people from the regions to tell their stories, using words, photos, video and sound. The new ABC Open project, *The Moment Behind the Photo*, is now open and, as part of IDPwD will be highlighting contributions from people with disabilities on any subject. The idea is simple – find a personal photo which means something to you and share it online, with a text description, or with audio. Maybe you vividly remember the moment the photo was taken, or what was happening outside the frame, or maybe the photo speaks volumes about a particular time in your life. ABC Open producers work in regional centres around Australia to help people learn the skills to get involved. If you or your organisation would like to be part of ABC Open and share your stories through the ABC go to www.abc.net.au/open, find the regions section and look up your local ABC Open producer.

For Further Information please contact the IDPwD team at Nican on 1800 440 385 or visit the website at www.idpwd.com.au and follow Idpwd on facebook and twitter.”

NSW Police Force Disability Advisory Council

NSW Police Force is seeking expressions of interest for membership of its Disability Advisory Council. The Council is an advisory body for NSW Police Force on disability issues. Members will have input into key policy documents and will assist police with identifying emerging issues for people with a disability.

Assistant Commissioner Denis Clifford has appealed for new members for the Police Disability Advisory Council via a subtitled You Tube video: <http://www.youtube.com/watch?v=hz3n5BW-sj8>

General information about NSW Police Force can be found on our website at” <http://www.police.nsw.gov.au>

Ten members will be appointed for a term of three years, and will be remunerated in accordance with the Premier’s guidelines. Members will be expected to attend meetings, participate in working groups, provide on-call advice and assist with community consultations. Successful applicants will be subject to a rigorous National Criminal History Record Check prior to commencement.

Meetings will be held four times per year at Police Headquarters in Parramatta. Assistance with travel expenses is available for people from regional NSW. NSW Police Force may also host community consultations on disability issues, in metropolitan and regional areas. DAC members’ travel and accommodation expenses for these consultations will be covered.

People with a disability are encouraged to apply, and any support needs will be accommodated.

Applicants must obtain an information package and complete the enclosed application form. Applications must be received by 4 November 2011.

To obtain an information package or for any questions, email dac@police.nsw.gov.au or telephone 02 8835 9197.

Future Programmes

Regular Group Meetings

Members and friends are invited to attend any of the following gatherings!

Bring your lunch tea/coffee available at Belgreen.

All the regular Group Meetings and the Management Committee Meetings are held at Belgreen 40-42 Chalmers St, Belmore

BOOK CLUB

Saturday November 5 10.30 am

Book Club enquiries can be directed to our co-ordinator, **Maura Outterside** ring 9718 5803.

Please note the BOOK CLUB and the WEDNESDAY GROUP will not meet in December and January.

WEDNESDAY GROUP

10.30 am – 2.00 pm

November 9

Enquiries can be directed to our coordinator **Daphne Berger** – telephone 9718 3678.

For November, as this is the final Group meeting for the year lunch will be provided and a donation of a gold coin is requested to cover costs. So catering can be arranged **please call Daphne by Friday November 4 if you are attending.**

Please take note the Book Club and the Wednesday Group will not meet in December and January.

EMBROIDERY/HANDCRAFT GROUP

Saturday 10.30 am – 3.00 pm

November 26 and January 28

Enquiries can be directed to **Patricia Byrne 9150 5512**. Coralie Lewin provides expertise and ideas to the Group.

Please take note the Embroidery Group will not meet in December, will commence again in January.

AFTERNOON MEETING

Saturday 5th November 2.00 pm

Our guest speaker for the afternoon will be **Wendy Cornish** and she is going to tell us (along with photos) about her travels through Yosemite National Park and the history in relation to the establishment of the Park.

Wendy is an excellent speaker giving such life to her topics – should be a very enjoyable afternoon, hope you can join us. Tell your friends.

MANAGEMENT COMMITTEE MEETINGS

Tuesday November 15 7.00 pm

Saturday January 21 1.30 pm

**Trash N Treasure – and Refreshments
Saturday November 12 from 11 am
Belgreen 40-42 Chalmers St, Belmore**

There will be a variety of “pre loved” items for sale, so you might find a little treasure!

Refreshments will be available at a nominal cost, which will add to event.

Your assistance in attending and spreading the word would be appreciated!

CHRISTMAS LUNCHEON

Sunday December 4 12 noon until 5.00 pm

**St. George Leagues Club, Kogarah
Mahogany Room**

We hope you will be able to join us for the Christmas luncheon, which is fast approaching.

The menu is 2 course (main and dessert) and will be \$32.00 per person (the Association does subsidize the cost).

When making a booking it is also important that you forward payment to our Treasurer, Jenny Chin prior to the event. As you can appreciate it is necessary to give the Club final numbers the week before and we are then obliged to pay for that booking.

Please ring Patricia Byrne 9150 5512.

Dates for the new year!

January 21 from 4.30 pm

40-42 Chalmers Street, Belmore

Our “traditional” new year **barbecue** is planned. Bring along your food and we can fire up the barbecue! Tea and coffee available at Belgreen.

February 4 will be Book Club and Afternoon Meeting.

Management Committee February 21

February 18 – outing and

February 25 Embroidery

Fundraising

OATLEY FESTIVAL – Saturday October 15

The Association’s stall at the Festival was a great success, with takings on the day of \$1,282.30. Many people contributed in making this possible. Firstly, the ladies in the fund raising team, who work so hard in making and preparing goods for our stalls.

On the day Betty Alwin and her family did a sterling job – and thanks go to her along with Kerri, David, Nicholas, Chanelle, Luke, Brooke, Rhianna and Emily, who were great sales people and buyers enjoyed shopping at our stall. Many thanks also to Margaret Lee and Yvonne Williams for their continued support and assistance.

A surprise on the day was a visit by Nancy Mapledoran (Betty's friend) who lives quite a distance from Oatley (as do Betty's family). Nancy's friend drove her and she thoroughly enjoyed Oatley Festival for the first time.

Lurline Simpson, Daphne Berger and I also attended and enjoyed the day. The weather was kind to us, which certainly helps the overall success of the Festival.

Raffle

Many thanks to those who have been selling raffle tickets. If anyone would like more tickets, please contact Jenny.

A reminder that we do need to receive all the butts back prior to the Christmas luncheon so they can be included in the draw.

We have a fine selection of prizes so we look forward to a good result!

Program Report

Maude Chin kindly attended our October meeting where everyone thoroughly enjoyed her presentation and the food we were able to sample. Maude is most generous in what she prepares and we do offer our sincere thanks to her. As you can imagine there is quite a deal of work in making this day possible and we do appreciate her efforts.

Book Reviews

Thank you to one of our book reviewers (Janet Malone) for sharing her thoughts –

“The Fry Chronicles” by Stephen Fry – Penguin Books – 2010. This second autobiography covers 1977-1987 – what a busy and fun filled 10 years.

As I expected this is a very verbose look at that time of his life – at times more like a thesis.

At times I was lost with some of the (unknown to me) words which left my brain reeling. Having said that, I thoroughly enjoyed it and look forward to the next book.

Steven writes openly (warts and all) of his brush with the law, prison time and his decision to go “straight”, his sexuality and his life in general. He set about gaining a place at Cambridge University. It was at Cambridge he became engrossed in the theatre and writing. He was involved with the “Fringe Theatre” at Edinburgh Festival. It was at University and the Festival he formed enduring friendships and work associations with Hugh Laurie, Ben Elton, Emma Thompson and Rowan Atkinson.

This is an honest, somewhat shocking, funny and insightful look at university life during that period.

If you like Stephen Fry you will enjoy this book.

“Cleo” by Helen Brown, Arena Books 2009. This is the story of a black Abyssinian cat, who helped a family through devastating loss, grief, divorce and re-marriage.

Cleo arrived at the family home as an 8 week old kitten. Her mischievousness helped the family to love and laugh again. It is written with love and candidly tells how each member of the family coped with the tragedy. As so often happens, the marriage didn't survive but they all managed to deal with the new dynamics of the family.

I found this autobiography a lovely read, full of candour while at times sad and at other times funny. Well worth reading.

Personal Parts

A number of our members continue to experience health problems – I won't try and name each person, but please accept our sincere good wishes and we hope you are feeling better soon. You are in our thoughts.

There are quite a few members who have been, or are planning to travel!

Jenny and Ross Chin have just returned from a trip to Victoria.

Jean Ross is currently in Bundaberg visiting family.

Janet Malone is off to Western Australia over the festive season and new year, to spend time with family.

Likewise **Maura Outterside** will be spending time in Tasmania with family for Christmas and into the new year.

Daphne Berger is off to Spain, Morocco and Portugal just after Christmas – sounds fantastic!

So as you can see our “travellers” are really on the move!! We send our best wishes to you all for a safe and happy time and look forward to reports upon your return.

Apologies if I have forgotten someone.

Pat Wynne found a recipe that she thought we might enjoy.

A Recipe for Making Friends

1 lb. good temper
 2 lbs. forbearance
 1 lb. patience
 1.1/2 lbs. contentment
 3 lbs. unselfishness
 1 lb. fun
 2 lbs. cheerfulness

Mix well with two quarts of human kindness. Serve one glass full first thing in the morning, with another glass full if the effect begins to wear off.

Management Committee 2011– 2012

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All Financial matters to: **Hon Treasurer** **2 Salerwong Place, RYDE NSW 2112**

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Rod Kearns	02 9703 2062	Maura Outterside	02 9718 5803
Peter Meagher	02 9520 3521	Joseph Cheung	0420 277 738

Welfare Officer: Elizabeth McDonald 02 9747 6268

Website: Stgeorgeassociation.org.au

Patrons: Presidents of – Five Dock RSL Sub Branch
 Lions Club of Oatley

Telephone – Belgreen Meeting Room (at meeting times only) 02 9759 9061