

# The New Link

## St George Association

For People with Physical Disabilities Incorporated

*"Capabilities Conquer Disabilities"*

Vol. 87 No.65

May 2011

### *Future Programmes*

May 7	Sat	10.30 am	Book Club	Belgreen
May 7	Sat	2.00 pm	Robert Hutchinson	Belgreen
May 11	Wed	10.30 am	Wednesday Group	Belgreen
May 14	Sat	12.30 pm	Lunch	Belmore
May 17	Tues	7.00 pm	Management Committee	Belgreen
May 28	Sat	10.30 am	Embroidery/Handcraft Group	Belgreen
June 4	Sat	10.30 am	Book Club	Belgreen
June 4	Sat	2.00 pm	Nora Lee Maingard	Belgreen
June 8	Wed	10.30 am	Wednesday Group	Belgreen
June 21	Tues	7.00 pm	Management Committee	Belgreen
June 25	Sat	10.30 am	Embroidery/Handcraft Group	Belgreen
June 25	Sat	2.30 pm	Annual General Meeting	Belgreen

***Please note – I made an error in the last newsletter stating the date for the Annual General Meeting as Sat. 26<sup>th</sup> June – should have read Sat. 25<sup>th</sup> June.***

*P. Byrne*

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We are pleased to report **membership fees** are rolling in, and the Management Committee would like to thank those who have sent donations and messages along with their fees. Great to hear from you, and your contribution and support is appreciated.

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As you know the Association has been investigating a few options to create a memorial to Kevin Byrne. On behalf of the Management Committee I would like to report that over recent months we have been in consultation with Sydney Institute TAFE. The Association offered to make an annual Award to a student with a physical disability enrolled at one of their colleges. TAFE has accepted this offer to establish a **Kevin Byrne Achievement Award**, which will be presented at their annual award ceremony along with all other awards.

The Award is being given in conjunction with the Head Teacher/Consultant Physical Disability, who will identify up to six students to enable the Management Committee to make a selection. Prior to our April Committee Meeting we received details of five nominated students from which to make a selection. I can assure you this was not an easy task, as all nominees were deserving of the Award. However, a selection was made and the Award of \$250.00 will be given in June.

Funding for this Award has been made possible from the donations the Association received and can continue to receive, in memory of Kevin. These funds are held in a separate account and as they grow, so may the Award.

We look forward to this annual event and wish all nominated students the very best and trust the Association's motto "Capabilities Conquer Disabilities" encourages them in their endeavours.

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## *Future Programmes*

**Book Club 10.30 am**  
**May 7 and June 4**  
**Belgreen 40-42 Chalmers St, Belmore**

Enquiries about the Book Club can be directed to our co-ordinator, **Maura Outterside** ring **9718 5803**. You are welcome to come along and share in the discussion. Bring your lunch – tea/coffee available at Belgreen.

A couple of reviews follow from Maura.

“The Shark God” by Charles Montgomery. Harper Collins Publishers. A remarkable description of a South Pacific Island community that still displays features of its traditional culture. “Myth, like love, is a decision. What it answers is longing. What it demands is faith. What it opens is possibility” (p.294). Truly enjoyable and remarkable journey into an invigorating way of living and thinking such as “there is truth in myth; not just allegory, but a hint of, the divine we cannot name” (p.351).

“The Elegance of the Hedgehog” by Muriel Barbery. Gallic. Elegant by name, elegant nature. A gentle story of a poor, uneducated widowed woman (caretaker of an apartment block in a very rich part of Paris) and an alienated, highly intelligent daughter to one of the residential families. Both the younger and the older women are under appreciated – nobody sees their qualities or their desperation until an urbane sophisticated Japanese gentleman takes up residence and instantly perceives the invaluable and charming characteristics of both.

This is a novel of hope, determination and being true to yourself. And the title? For me it indicated that amongst hard bristles there may be soft luxuriant beautiful fur.

*Maura Outterside*

**Afternoon Meeting 2.00 pm**  
**Saturday, May 7**  
**Belgreen 40-42 Chalmers St, Belmore**

Robert Hutchinson (a collector of “things”) has kindly agreed to attend and talk about his

private collection. Robert is an excellent speaker – we look forward to meeting up with him again. You may like to bring along a friend to share the afternoon.

**Wednesday Group 10.30 am – 2.00 pm**  
**May 11 and June 8**  
**Belgreen 40-42 Chalmers St, Belmore**

Enquiries about the Wednesday Group can be directed to our coordinator **Daphne Berger** telephone **9718 3678**. An invitation is extended to you, come along, bring your lunch – tea/coffee available at Belgreen.

**Lunch 12.30 pm Saturday, May 14**  
**Banyan Brasserie, Canterbury Leagues Club – Bridge Street, Belmore**

The Club offers very good facilities and meals are reasonably priced. Please let us know if you are attending – ring Patricia Byrne 9150 5512.

**Management Committee Meetings**  
**Belgreen 40-42 Chalmers St, Belmore**  
**Tuesday May 17 7.00 pm**  
**Tuesday June 21 7.00 pm**

**Embroidery/Handcraft Group**  
**10.30 am – 3.00 pm Saturday**  
**May 28 and June 25**  
**Belgreen 40-42 Chalmers St, Belmore**

The Group continues with its regular attendees, but an invitation is always there if you would like to come along.

Coralie Lewin, our coordinator, offers her assistance if you would like to learn new stitches, or create an article and need advice, or simply share the time with like minded people. Bring your lunch – tea/coffee available at Belgreen.

**Afternoon Meeting 2.00 pm**  
**Saturday, June 4**  
**Belgreen 40-42 Chalmers St, Belmore**

**Nora Lee Maingard** has kindly agreed to be our guest speaker. Nora Lee is a member of the Australian Miniature Enthusiasts Association, and her interest is doll houses. She

will be along examples from her collection. This organisation has a website if you would like to view it and see other examples – it is fascinating.

Hope you can join us – should be a very interesting afternoon – bring a friend.

**Annual General Meeting 2.30 pm  
Saturday June 25  
Belgreen 40-42 Chalmers St, Belmore**

This is a very important part of our calendar and an opportunity for you to be involved in the operation of the Association. Please mark the date in your diary and we look forward to seeing you on June 25<sup>th</sup>.

### *Program Report*

**Colin Beacroft** provided members an interesting afternoon with his talk about the history of silver hallmarks, along with a power-point presentation showing fine examples of some amazing silverware. It was good to catch up with Colin and his wife Deidre again.

Daphne and I were bowled over by the group of members attending **Bankstown RSL Club** for lunch!! I am being cheeky!! It was only Daphne and I who attended – however, we had a very pleasant afternoon.

### *Vale*

Sadly I report that just after the publication of our last newsletter, I received news of **Olive Hale's** death. As you know Olive was seriously ill, but her death still comes as a shock and our sincere thoughts are with her daughter, Marg Lotty and all her family as they deal with her loss.

Olive has been a wonderful supporter of the Association, over many, many years starting when she held a couple of fund raising events at her home when Marg and Yvonne's daughters were only 8 years old.

Olive maintained her interest and supported the fund raising team by making goods and attending many fund raising stalls and events.

Olive will be sadly missed by her family and many friends. She was a great lady and will remain in our memory.

### *Personal Pars*

Pleased to report **Betty Hill** is feeling much better – good to see you again, Betty.

**Maria Long** is progressing well after her hip surgery – best wishes, Maria.

**Maura Outterside** has not been well recently – hope you are feeling better, Maura.

**Betty Alwin's** son **David** has recently undergone surgery and is now home – I am pleased to report pathology reports were good and he is progressing well. Apparently he will be back to work in a few weeks. We send our best wishes to him.

**Jenny & Ross Chin's** daughter **Emma** has also recently had a trip to hospital for surgery and is feeling much better and has made a good recovery.

**Jenny & Ross** took a break over Easter (plus a few extra days) away from “the big smoke” travelling to Forbes. Look forward to hearing how their country run went.

### *Scooter*

**Malcolm Carter** wonders if any member would be interested in a scooter he no longer requires. Malcolm resides at Wallgrove Nursing Home, Lakemba and can be contacted by ringing 9750 7108.

### *A few thoughts to ponder!*

**Dr. Know Itall** continues –

**Q.** How can I calculate my body/fat ratio?

**A.** Well, if you have a body and you have fat, your ratio is one to one. If you have two bodies, your ratio is two to one, etc.

**Q.** What are some of the advantages of participating in a regular exercise program?

**A.** Can't think of a single one, sorry. My philosophy is: No pain....Good!

**Q.** Aren't fried foods bad for you?

**A.** YOU'RE NOT LISTENING!!! Foods are fried these days in vegetable oil. In fact, they're permeated in it. How could getting more vegetables be bad for you?

*A few more thoughts next month from Dr. Know Itall.*

**Following we have another contribution from Coralie for the newsletter.**

**THIS IS HAPPENING RIGHT HERE IN OUR OWN COUNTRY!**

We must stop this immediately.

Have you noticed that young people speak in whispers all the time? If you ask them to speak up they just keep repeating themselves, endlessly mouthing the same message.

What do they think I am - a lip reader?

I also think they are much younger than I was at the same age. On the other hand, people my own age are so much older than I am. I ran into an old friend the other day and she has aged so much she didn't even recognise me.

Another thing, even mirrors are not made the way they used to be these days.

Clothing manufacturers are less civilized these days. Why else would they suddenly start labelling a size 10 or 12 as an 18 or 20. Do they think no one notices?

The people who make bathroom scales are pulling the same prank. Do they actually 'believe' the number I see on that dial. HA! I would never let myself weigh that much. Just who do these people think they are fooling?

I would like to call up some authority to report what's going on but the telephone directory printers are in on the conspiracy too - they have printed the phone book in such small type that no one could ever find a number there.

Pass on this warning.....We are under attack. Please pass this on so we can get this stopped!!

**Those who bring sunshine to the lives of others cannot hide it from themselves. Anon**

### Management Committee 2010– 2011

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<b>All Correspondence:</b>	<b>Hon Secretary</b>	<b>6a Oatley St., KINGSGROVE NSW 2208</b>
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<b>Hon Secretary/Editor</b>	Patricia Byrne OAM	02 9150 5512
<b>Hon Treasurer</b>	Jenny Chin	02 9888 5234
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Betty Alwin	02 9579 4600	Daphne Berger	02 9718 3678	Pat Davies	02 9153 0729
Maura Outterside	02 9718 5803	Peter Meagher	02 9520 3521		
Betty Hill	02 9750 8461	Rod Kearns	02 9703 2062		

**Welfare Officer:** Elizabeth McDonald 02 9747 6268

**Website:** [Stgeorgeassociation.org.au](http://Stgeorgeassociation.org.au)

**Patrons:** Presidents of – Five Dock RSL Sub Branch and Lions Club of Oatley

**Telephone – Belgreen Meeting Room (at meeting times only) 02 9759 9061**